



COVID RULES RETURN TO RUGBY

Make your safety a priority



1 STAY AT HOME!

If you feel sick or if you, or anyone in your household, experiences COVID symptoms



2 HIGH RISK CATEGORY

If you are deemed to be in the high risk category according to government guidelines, please do not attend the venue



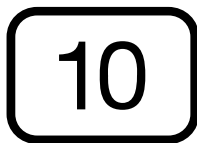
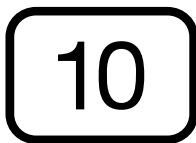
3 SANITISE YOUR HANDS

Disinfect your hands on arrival and before departure



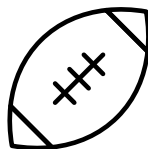
4 BRING YOUR OWN WATER

Please do NOT use the drinking water taps



5 MAX CAPACITY: 2 GROUPS OF 10 PER 1/2 PITCH

Maximum of 20 people per half at one time



6 SHARING KIT

Limited kit sharing is allowed if strict hand sanitising is performed before and after the session



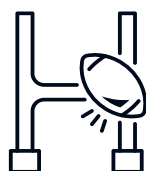
7 TOILET USE

Please adhere to the one way queuing system



8 NO ACCESS TO CHANGING BLOCK

Please stay in the permitted area



9 PLAYING RUGBY

All rugby activity must follow the RFU return to rugby policy. Please refer to RFU website